



# MALWANCHAL UNIVERSITY, INDORE

## **Capacity enhancement and other skill development**

### **1. Soft skill development**

Soft skills are character traits and interpersonal skills that characterize relationship with other people and complement hard skills in the work place.

It is a personal attribute that support situational awareness and enhances and individual's ability to get a job done.

Malwanchal University is committed for capacity enhancement and skill development of the students to create a positive workplace environment to make them enable to navigate diverse situations and to stay motivated

### **Objectives**

The soft skill development aim at

1. Development of effective communication skills
2. Development of effective presentation skill
3. Development of self confidence and mastering interpersonal, leadership skills and Team management skill
4. Development of all round personalities.

### **2. Language and communication skill**


Language is an integral component of communication and helps professionals interact with colleagues and clients effectively.

Language skills are the abilities that enable one to express thoughts coherently and communicate with others.

Listening is an integral part of the communication process for medical professional.

This help to increase clarity and to frame appropriate response. Strong speaking skills are important for progress in career, for writing report, are proposals, letters, email and articles.

Reading skills are crucial to improving overall literacy skills and the enhance vocabulary expressions analysis and communication

  
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## Objectives

- To develop communicative competence
- To develop linguistic competence
- Cultural understanding
- To enhance opportunities for personal growth and career advancement

### 3. Analytical skill development

Analytical skill development refers to an individual's ability to identify a problem investigate to find out relevant Fact and find the logical solution.

Healthcare analytics involve collection, analysis and interpretation of health data from various sources. Students with analytical skills are better decision makers because they consider situation holistically before forming opinions or arriving at conclusions. In medical science newer techniques are added every day, treatment protocols are updated regularly reference Diagnostic values change over a period of time

Hence to achieve competency analytical skills development is an essential part of education.

#### Objective

- To enable students to better decision making
- To empower professionals to gather and evaluate data and assess risk and weigh the pros and cons of the problem

### 4. Personality & professional development

Personality is defined as the form of characteristic thoughts feelings and behavior that differentiate one individual from another and it persists overtime

Personal and professional development or vital part of any individual's growth and progression

It is a way for students to assess the existing skills and ability aims in life to achieve and maximize their true potential


Personality development helps to thrive professionally and boost career prospects

It provides opportunity to develop desirable skills such a time management self motivation and an overall improved mindset.

#### Objective

Development of workplace skills ability to take up leadership responsibilities

To boost confidence and creditability.

  
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## 5. Human Value Development

The need for value education among students is constantly increasing as we continue to witness increasing violent activities behavioral disorders and lack of Unity in the society.

Moral value such a fruitfulness, happiness peace justice are inculcated in students thoughts feelings and actions govern their actions in life

Human values are part of the personality. In today's fast face world high quality education is becoming increasingly important. Students need to be trained not just for academic and professional success but to be equipped with essential life skills and value needed to navigate through various challenges of the life this is why in Malwanchal University human value education has become an important aspects of modern education

### Objectives

- To sensitize students so that the norms and values of human rights and duties are realized
- To create awareness, conviction and commitment for improving the quality of life through education.
- To develop positive attitude

## 6. Yoga and Wellness

Yoga asana help to improve strength, flexibility and balance. Regular practice enhance muscle tone increase and improve overall physical fitness

Beyond physical aspects yoga offers multitudes of benefits for the mind body and spirit. One of the significant benefits of yoga is its ability to reduce stress and promote mental wellbeing the combination of deep breathing medication and mine full movement helps the mine which is essential in this competitive era for every student


The anxiety and stress of examination can be reduced by Yoga training

The meditative aspects of yoga cultivate focus concentration and mental clarity and enhance productivity

Malwanchal University has provided Yoga for students and staff and conducts various training

### Objectives

- To enable the students to have good health
- Two possess emotional stability
- To integrate moral values
- To attain high level of consciousness

  
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### 7. Employability skill development

Employability skills refer to a set of transferable skill and key personnel attribute which are highly valued by employers and essential for effective performance in the workplace. Employability skill include: motivation and initiative, good Communications, reliability, teamwork, patience, adaptability emotional control and resilience. Development of employability skill during professional training paves the way to survive in competitive world


#### Objective

- To equip students with the necessary knowledge and expertise
- To succeed in the job market by empowering students to become productive members of the society
- To foster the culture of entrepreneurship and innovation among students.

  
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S.No.	Name of the capability enhancement program	Date of implementation	Number of students enrolled	Name of the agencies/ consultants involved with contact details (if any)	Institute Name
<b>Soft skills development</b>					
1	Road traffic Safety & traffic rules	4/11/2019 to 5/11/2019	95	Dr. Ravindra Kolhe	Index Department of Physiotherapy & Paramedical Science
2	Emotional intelligence sharpening future leaders	10-02-2021	70	Dr. Shakti Singh	Index Institute of Dental Science
3	Teamwork & Group Dynamics	03-09-2021	50	Dr. Arun Mishra	Index Medical Collage, Hospital & Reasearch Centre
4	Conflict Resolution & Teamwork	24-06-2022	32	Dr. Arun Mishra	Index Medical Collage, Hospital & Reasearch Centre
<b>Language and communication skill development</b>					
1	Public Speaking	03-09-2019	35	Dr. Arun Mishra	Index Medical Collage, Hospital & Reasearch Centre
<b>Yoga and wellness</b>					
1	Meditation and Yoga	15/12/2017 to 21/12/2017	21	Mr. Achamma Varghese, Jitendra Chicholkar	Index Nursing College
2	Yoga & Wellness Workshop	02-07-2022	50	Dr. Romi Shrivastava	Index Medical Collage, Hospital & Reasearch Centre
<b>Analytical skill development</b>					
1	Problem Solving Skill workshop	02-08-2018	50	Dr. Abhilasha Dutta	Index medical college, Hospital & Research centre
2	Analytical Thinking skills	22-04-2019	35	Dr. Arun Mishra	Index Medical Collage, Hospital & Reasearch Centre

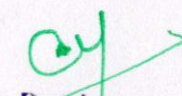
  
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3	Development of Analytical Skills	06-08-2020	40	Dr. Romi Shrivastava	Index Medical Collage, Hospital & Reasearch Centre
4	Coherent and Logical Skills Development	28-07-2021	36	Dr. Akash Vishwe,	Index Medical Collage, Hospital & Reasearch Centre
<b>Human value development</b>					
1	Emotional Intelligence	01-10-2018	50	Dr. Akash Vishwe,	Index Medical Collage, Hospital & Reasearch Centre
2	Conflict Resolution workshop	17-05-2019	37	Dr. Abhilasha Dutta	Index medical college, Hospital & Research centre
3	Conflict Management workshop	06-08-2019	17	Dr. Romi Shrivastava	Index Medical Collage, Hospital & Reasearch Centre
4	Emotional Intelligence In groups	16-07-2020	41	Dr. Abhilasha Dutta	Index medical college, Hospital & Research centre
5	Humility: Virtue of life	24-03-2021	84	Dr. Bhupendra Singh Rajput	Index Institute of Dental Science
6	Emotional Intelligence Impact at Workplace	21-05-2021	29	Dr. Romi Shrivastava	Index Medical Collage, Hospital & Reasearch Centre
7	Gender Sensitization: Need of the hour	07-06-2021	47	Dr. kratika Mishra	Index Institute of Dental Science
8	Conflict Management	21-03-2022	75	Dr. Chinmay Vyas, Dr. Rolly S. Agarwal	Index Institute of Dental Science
9	Empathy	28-03-2022	82	Dr. Chinmay Vyas	Index Institute of Dental Science
<b>Personality and professional development</b>					
1	Personality Development program	08-12-2019	84	Dr. Hemani Sukhija	Index Institute of Dental Science



2	Responding skills workshop	06-08-2020	45	Dr. Romi Shrivastava	Index Medical Collage, Hospital & Reasearch Centre
3	Unleash Your Potential	01-10-2020	50	Dr. Akash Vishwe,	Index Medical Collage, Hospital & Reasearch Centre
4	Active learning Method workshop	02-07-2021	37	Dr. Arun Mishra	Index Medical Collage, Hospital & Reasearch Centre
5	Personal Empowerment for professional success	17-12-2021 to 15-12-2021	15	Mr. Jitendra Chicholkar	Index Nursing College
<b>Employability skill development</b>					
1	Educational Activities	05-12-2018	42	Dr. Abhilasha Dutta	Index medical college, Hospital & Research centre
2	How to write a Lab Report	19-04-2020	45	Dr. Romi Shrivastava	Index Medical Collage, Hospital & Reasearch Centre
3	Experiential Learning	23-04-2021	36	Dr. Romi Shrivastava	Index Medical Collage, Hospital & Reasearch Centre
4	Marketing Strategies Handling of doctors	03-11-2021	64	Mr. Aftab Qureshi	Index Department of Physiotherapy & Paramedical Science
5	Multichannel Strategy Handling of Doctors	10-03-2022	60	Mr. Shubham Namdev	Index Department of Physiotherapy & Paramedical Science

  
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